

When to Keep Your Sick Child Home from Vision Therapy

Gabrielle Family Vision Care follows the same policy as LWSD. Please call and let us know as soon as possible when your child is sick (even if your child is sick on the same day as the appointment), and we will work with you to reschedule the appointment to another day, when your child is feeling better.

Lake Washington School District works with King County Department of Public Health to help protect children from spreading communicable diseases.

Keeping children home when they are too sick for vision therapy protects other patients and staff from potential illness.

A good rule to follow is that if your child is too sick for school, s/he is too sick for vision therapy.

If your child has any of the following symptoms, please keep your child home:

Fever: A temperature of 100 degrees Fahrenheit or higher would be considered a fever. Your child must not have a fever for 24 hours before returning to vision therapy.

Vomiting: Your child should not return to vision therapy for 24 hours following the last episode of vomiting.

Lice, scabies: Children may not return to vision therapy until they have been treated and no live lice are present. Children with scabies can return after treatment.

Diarrhea: More than one watery stool in a 24 hour period (especially when stomach hurts, has sharp stomach pains and especially if the child acts or looks ill).

Chronic cough and/or runny nose: This would include continual coughing and greenish nose discharge. Remember these conditions may be contagious and may require treatment from your health care provider.

Sore throat: A sore throat, especially with fever or swollen glands in the neck, needs a call to your primary care provider.

Rash: Watch for body rash, especially with fever or itching.

Ear infection: If your child has an ear infection with a fever, please keep them home. If without a fever, the child may attend vision therapy, but the child may need medical treatment and follow-up. Untreated ear infections can cause permanent hearing loss and need immediate treatment.

Eye infection: If your child has pink eye (conjunctivitis) or thick mucus or pus draining from eye, please see Dr. Gabrielle or a primary care provider for antibiotic drops and return to vision therapy when resolved.

Unusual appearance, behavior: If your child is abnormally tired, pale, lack of appetite, difficult to wake, confused or irritable, this is sufficient reason to exclude a child from vision therapy and require a call to the primary care physician.