

Steps for Out-of-state/country patients

- 1. Schedule the vision exam with our patient care coordinator.*

Please call our clinic at **425-820-2143** or email us at **clinic@gabriellevision.com** to coordinate a good day and time for the patient's vision exam. Note that this visit is 1.5 to 2 hours and we book about one to two months in advance. However, we understand the restricted schedules for our out of town families, so we will make every effort to get you in.
- 2. Check with your insurance plan.*

Contact your insurance provider to determine the coverage with a noncontract provider. Check your vision plan, and separately check your medical plan. This step is important as many plans have coverage under the medical plan and you may get appropriate reimbursement sent to you directly. If you have better coverage under your medical plan, we can use a medical office visit code if there is an appropriate medical diagnosis. If you have better coverage under your vision plan, we can use a vision exam visit code if there is an appropriate visual diagnosis.
- 3. Send us contact information / registration forms.*

All registration forms are available on our website (**www.gabriellevision.com/forms**). If you don't have Internet access, please provide a mailing address or a fax number where we can send the registration forms. Please authorize for us to discuss the patient's findings with other providers and/or schools (to help coordinate care). You can note this on the registration forms. Please authorize for us to send a report to the appropriate person(s). This will allow for you and the appropriate person(s) to have a copy of the one page summary of the diagnosis listed and suggested plan of treatment. If you have another family member or friend bringing the patient, please authorize (on the registration forms) for us to fully communicate with them.
- 4. Discuss case history / additional treatment.*

If guardian cannot be at the appointment, please make sure you coordinate a phone consult (15-30 minutes) about a week in advance of the appointment (at no additional charge). This initial phone call is for us to discuss the patient's medical, developmental, and work/academic history before the appointment. We will also ask if it is okay to do the dilation during the exam. This will give us an indication if additional treatment is needed, such as visual information processing testing or a separate time for dilation.
- 5. Discuss follow up.*

If a guardian cannot be at the appointment, please set up a 15-30 minute phone call (at no additional charge) to discuss the results after the exam.
- 6. Coordinate with providers in your area.*

After the exam, we will be able to direct you to appropriate resources to find providers in your area. We can discuss some appropriate questions that you can ask these providers in order to find the right fit. Once you find a provider you like, we can fax the chart notes to that provider to continue care.

We are comfortable working with patients from a wide variety of locations, both domestic (e.g. Oregon, Virginia, and Hawaii) and international (e.g. Canada, Japan and the Netherlands).

We look forward to hearing from you soon!

Dr. Gabrielle and Staff at Gabrielle Family Vision Care