

Patient Sensory and Allergy Awareness

Patient's Name: _____

We have many patients with sensory and allergy issues. When you are here for your appointment at the clinic, we ask you to be considerate and aware of the following:

All Patients, Parents and Families:

- Make time to eat lunch and/or snack **before** entering the clinic. It is important that no food and no drinks (other than water) is brought inside the clinic in consideration of our patients' sensory and allergy issues.
- Avoid scented perfumes, colognes, aftershave, lotions, deodorants/antiperspirants, hand sanitizer (especially such as fruity and musky scents), essential oils, and hair products.
- Avoid scented laundry detergents, dryer sheets and laundry additives such as Tide & Bounce.
- Be careful to not have recently cooked or eaten strong smelling foods before coming in.
- Keep all electronic devices on mute and avoid toys with loud repetitive beeps. It is ok to bring headphones if watching a show on an electronic device. Keep all cell phone conversations outside the clinic in the main building hallway.
- Please note that if your fragrances, scents or noises are impacting others we will ask for you to reschedule your appointment.

Child Patients:

- Make sure to have time to visit the restroom *before* the session starts!
(Also, a good time to wash up from previous activities such as school, eating lunch, etc.)

Signature of Patient or Patient/Guardian

Date

Staff signature

Date